



**International
Diabetes Federation
Europe**

Achieving person-centered healthcare: the role of civil society

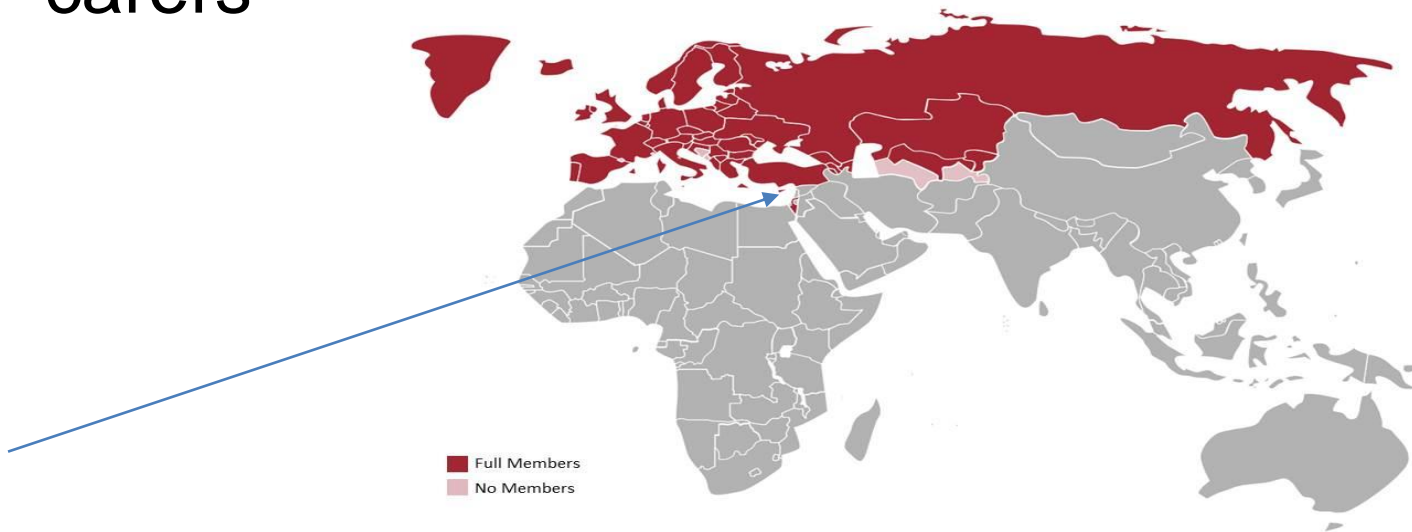
Maria Stella de Sabata, MA
Regional Manager, IDF Europe
stella.desabata@idf-Europe.org

2nd Bridge Health meeting of the EUBIROD Network
Nicosia, Cyprus, 20 September 2017



IDF EUROPE

- 70 national diabetes Member Associations
- in 47 countries across the European region
- Representing people with diabetes AND their carers



**International
Diabetes Federation**
Europe



unite for diabetes

Priority Work Areas

- Advocacy –keep diabetes as a priority for decision-makers
- Communication – with Member Associations and the wider community
- Partnerships - with all concerned stakeholders
- Unifying Access to Care
- Youth



**International
Diabetes Federation
Europe**

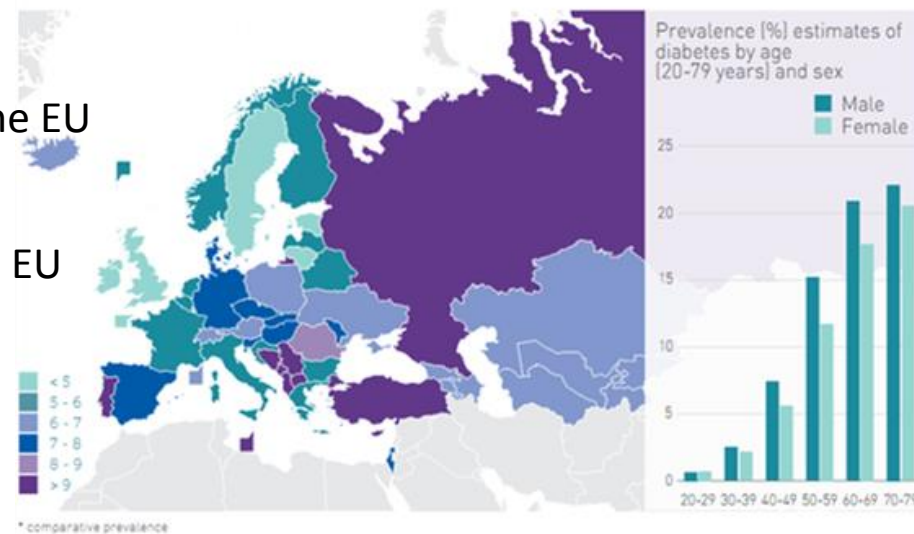


unite for diabetes

Why do we need civil society to engage : (and why do we need good epi information) Facts on diabetes in Europe/ 2015

- **60 million people** in Europe **live with diabetes** (9 % of the population) /32 million in the EU
- This number is expected to rise to **71 million in 2040** unless we act now/36 in the EU
- **One third** of people with diabetes in Europe are **undiagnosed** /12 million in the EU
- In 2015 diabetes caused **627,000 deaths** / 267'000 in the EU
- **€ 145 billion** was spent on treating diabetes in Europe in 2015 /€112 billion in the EU
- Europe has the **highest prevalence of type 1 diabetes in children** in the world

Map 4.2 Prevalence* (%) estimates of diabetes (20-79 years), 2015



Diabetes-related expenditure per capita in Europe

1 out of every 3 USD spent globally on diabetes
healthcare was spent in Europe

Norway >11,000 USD

Tajikistan <125 USD

Why do we need civil society to engage: what gets measured gets done

- International commitments
- National commitments
- Advocate for/ support registries/ health information
-
- Accountability
- Monitoring
- Evaluation

International Commitments on Diabetes

- 1989 St. Vincent Declaration
- 1999 Istanbul Commitment
- 2006 EP Written Declaration on Diabetes
- 2006 UN Resolution on Diabetes
- 2008 CIS Agreement on Diabetes
- 2011 CoE Resolution and Recommendation on Diabetes
- 2011 UN Political Declaration on NCDs
- 2012 EP Resolution on Diabetes
- 2016 EP Written Declaration on Diabetes

Delivering on Commitments?

what gets measured gets done-or does it?

Diabetes Care and Res
The

Istanbu

United Nation

European Parliament
2014-2019

EUROPEAN PARLIAMENT
2004 2009

0008/2016

12.2016

WRITTEN DECLARATION

submitted under Rule 136 of the Rules of Procedure
on diabetes

Nicola Caputo (S&D), Theresa Comodini Cachia (PPE), Christel Schaldenose (S&D), Sirpa Pietikäinen (PPE), Glenn Willmott (S&D), Marc Tarabella (S&D), Simona Bonafè (S&D), Daciana Octavia Sărbu (S&D), Bogdan Brunon Wenta (PPE), Nicola Danti (S&D), Tomáš Zdechovský (PPE), Marisa Matias (GUE/NGL), Mariene Mizzi (S&D), Elena Gentile (S&D), Doru-Claudian Frunzucă (S&D), Enrico Gasbarra (S&D), Tibor Szanyi (S&D), Renato Soru (S&D), Luigi Morgano (S&D), Theodoros Zagorakis (PPE), Damiano Zoffoli (S&D), Ricardo Serra Santos (S&D), Renata Briano (S&D), Carlos Zorrinho (S&D), Isabella De Monte (S&D), Sílvia Costa (S&D), Brando Benifei (S&D)

PPE (B7-0147/2012)
GUE/NGL (B7-0148/2012)

on addressing the EU diabetes epidemic

IN 2015, IN EUROPE:
60 MILLION PEOPLE LIVED
WITH DIABETES,
DIABETES CAUSED OVER
627 000 DEATHS,
145 BILLION EURO WAS
SPENT ON TREATING
DIABETES



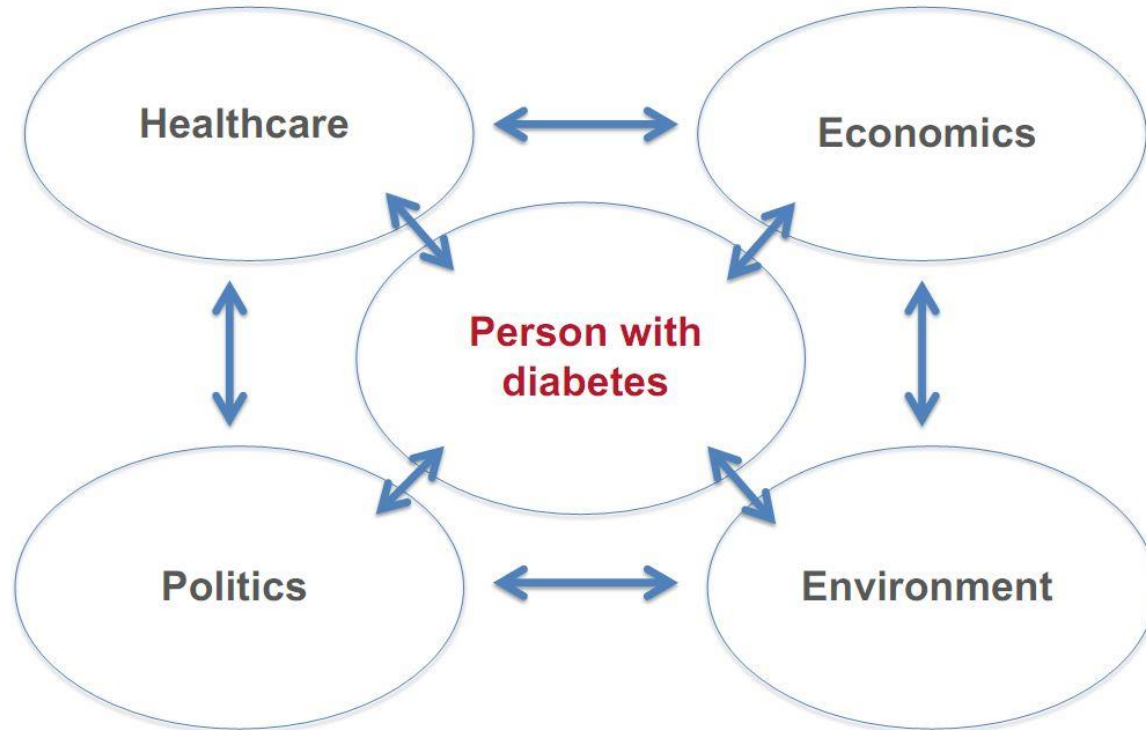
**International
Diabetes Federation
Europe**



unite for diabetes

Bridging the know-do gap

Diabetes ecosystem



Diabetes is everybody's business!



**International
Diabetes Federation**
Europe



unite for diabetes

«If you fail to plan, you plan to fail» (and you need good information for planning)

National Diabetes Plans in Europe



29 European countries have a National Plan in place,
10 countries will have such a plan in the future.

EU: 20/28

Diabetes Policy Puzzle, 2014



25 / 47 European countries have a National
Framework Plan for Diabetes in place

Diabetes Policy Puzzle, 2011



EU: 11 / 25 countries have a National Framework
Plan for Diabetes in place

Diabetes Policy Puzzle, 2005

Evidence-based advocacy

- Position papers-fostering “one voice”:
Added Sugar (2016), Mobile Apps (2017)
Biosimilars (Q4 2017)



- Publications –evidence for policy change:

Policy Puzzle

Access to Quality Medicines and Medical Devices for Diabetes Care in Europe

Integrating Diabetes Evidence into Practice:

Challenges and Opportunities to Bridge the Gaps (Q4, 2017)



- Mobilizing policy-makers: **IMPACT diabetes**



**International
Diabetes Federation
Europe**



unite for diabetes

Integrating Diabetes Evidence into Practice: Challenges and Opportunities to Bridge the Gaps

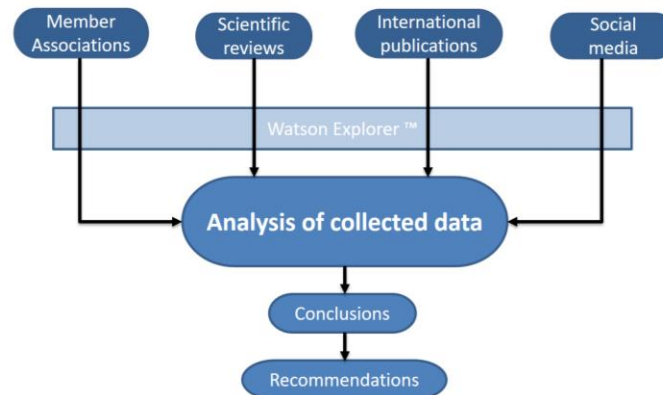
Prof K.Khunti (UK), Chair

- map gaps and non-adherence patterns in the implementation of evidence in the practice of Diabetes management
- put in place systematic processes for secondary prevention
- identify opportunities and challenges in health systems, at micro and macro levels, to bridge these gaps

Three main areas of research

- To identify barriers and solutions related to:
 - Health Policy and Health System management
 - Health Care Professionals
 - Persons with diabetes
- Conclusions and recommendations for each area

Research Process and Stakeholders



Research Questions

- Is there a public **policy and interest** in **preventing** and **treating diabetes**?
- Are there **instruments** and **resources** to **support** such policies?
- Are the persons with diabetes and their organizations aware of their **role, rights** and **responsibilities** in the **everyday management** of diabetes? HCP
- Are there **available** and **accessible essential resources** to **guide** policy makers, health professionals or persons with diabetes in learning about the existing best practices and recommendations?
- Are there **common denominators** and what are those?
- To what extent is the implementation dependent on local conditions, **where** and **how** can **IDF Europe support** national organizations to improve implementation of best practices and enhance the quality of life in the member countries?



What gets measured gets done – preliminary update on NDPs from the «Gap survey»

To date, IDF Members from 36 European countries responded :

- 22 countries **have** a National Diabetes Programme (NDP) or a national strategy for diabetes (6 in East Europe, 6 in Central Europe and 10 in Western Europe).
Of these programmes, 10 include the general population, 19 include persons at risk of developing diabetes, 22 include persons with T1D, 22 include persons with T2D, and 17 include women with gestational diabetes.
- 13 countries **monitor** the implementation of the National Diabetes Programme or strategies
- 13 countries **evaluate** the impact of these programmes or strategies
- In the countries with NDPs or strategies there is a perception above average regarding the priority for primary prevention

Next steps

- **Disseminate** -World Diabetes Day, IDF World Congress....
- **Engage** with other stakeholders to discuss/complete information

IMPACT diabetes:

the Initiative to Mobilize Parliamentarians to Act to Prevent, Care and Treat diabetes

Consolidating a **pan-European network of parliamentarians to hold governments to account**

- **Create ad hoc advocacy and policy documents** to support the efforts of our Members and Parliamentarians at the national level
- Establish an **inclusive, multi-stakeholder online platform** coordinated by IDF Europe where our Members, current or former MPs, MEPs as well as policy advisors dedicated to the diabetes cause can share expertise, experiences, best practice and tools in a spirit of shared learning
- **Conduct advocacy and policy capacity-building workshops** during which IDF Members in the European region can learn first-hand from and exchange with MPs, MEPs, political and other skilled advisors how best to mobilize and interact with policy-makers; an opportunity for policy-makers to receive first-hand information from PWD and HCP



**International
Diabetes Federation**
Europe



unite for diabetes



DIABETES PLEDGE

IMPACT diabetes: the Initiative to Mobilize Parliamentarians to Act to Prevent, Care and Treat diabetes

I PLEDGE TO LEND MY SUPPORT TO PROMOTING DIABETES PREVENTION, SCREENING, TREATMENT AND CARE BY COMMITTING TO THE FOLLOWING ASKS:

- STRIVE TO CONVENE PUBLIC DISCUSSIONS BRINGING TOGETHER PATIENTS, CAREGIVERS, CONSUMER GROUPS, PROVIDERS AND PAYERS WITH THE AIM OF IMPROVING THE LIVES OF PEOPLE WITH DIABETES AND THOSE AT RISK BY ENGAGING IN INCLUSIVE MULTISTAKEHOLDER DIALOGUES
- SUPPORT NATIONAL DIABETES ASSOCIATIONS AND NATIONAL EFFORTS TO DEVELOP / IMPLEMENT / MONITOR / EVALUATE NATIONAL DIABETES PLANS AND STRATEGIES
- SUPPORT NATIONAL INITIATIVES AIMING TO GUARENTEE EQUITABLE ACCESS TO PREVENTION AND QUALITY HEALTHCARE FOR ALL PEOPLE WITH DIABETES
- AIM TO ACHIEVE HEALTH LITERACY FOR ALL
- COMBAT HEALTH INEQUALITIES FOR PEOPLE WITH DIABETES IN ACCESS TO HEALTH SYSTEMS AND DISCRIMINATION IN OTHER AREAS OF LIFE INCLUDING EDUCATION, EMPLOYMENT AND SERVICES
- PROMOTE THE EXCHANGE OF BEST PRACTICE ON DIABETES PREVENTION AND SCREENING
- SUPPORT CONTINUOUS EDUCATION FOR PEOPLE WITH DIABETES AND THEIR CAREGIVERS ON ALL ASPECTS OF DIABETES MANAGEMENT
- LEND SUPPORT TO THE EUROPEAN DIABETES COMMUNITY AND THOSE AT RISK BY ENCOURAGING MEMBERS OF THE EUROPEAN PARLIAMENT TO JOIN THE EU DIABETES WORKING GROUP AND ACTIVELY SUPPORT ITS WORK



**International
Diabetes Federation
Europe**

World Diabetes Day – 14 November

- **European level**

26 September, Committee of the Regions

October (tbc) Council of Europe

14 November, European Parliament

15 November, European Commission



- **National/local level**

70 very active national diabetes associations and more – YOU?

**IN 2015, IN EUROPE:
60 MILLION PEOPLE LIVED
WITH DIABETES,
DIABETES CAUSED OVER
627 000 DEATHS,
145 BILLION EURO WAS
SPENT ON TREATING
DIABETES**

**IDF EUROPE IS THE VOICE
FOR THE GROWING
NUMBER OF PEOPLE
LIVING WITH DIABETES
IN EUROPE, THEIR CARERS
AND THOSE AT RISK**

*Together
advocating for diabetes
across Europe
improving access to care and
creating dynamic new
partnerships between people
with diabetes, healthcare
providers and other
stakeholders*



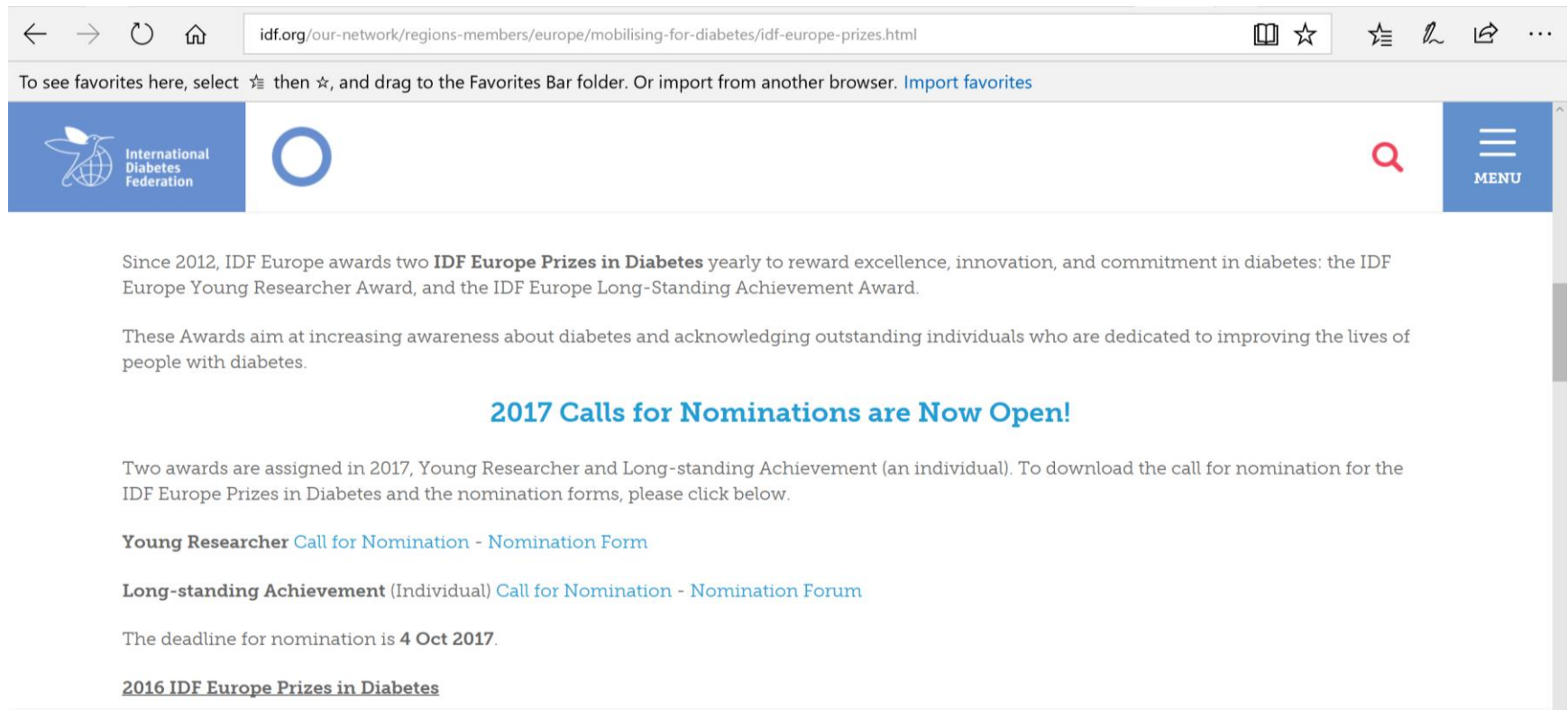
**International
Diabetes Federation
Europe**

www.idf-europe.org





unite for diabetes

IDF Europe Prizes in Diabetes: Young Researcher Long-Standing Achievement



← → ↻ 🏠 idf.org/our-network/regions-members/europe/mobilising-for-diabetes/idf-europe-prizes.html 📖 ☆ ⚙️ 🔍 🗑️ ⌂ ⋮

To see favorites here, select ☆ then ☆, and drag to the Favorites Bar folder. Or import from another browser. [Import favorites](#)

 International Diabetes Federation  MENU

Since 2012, IDF Europe awards two **IDF Europe Prizes in Diabetes** yearly to reward excellence, innovation, and commitment in diabetes: the IDF Europe Young Researcher Award, and the IDF Europe Long-Standing Achievement Award.

These Awards aim at increasing awareness about diabetes and acknowledging outstanding individuals who are dedicated to improving the lives of people with diabetes.

2017 Calls for Nominations are Now Open!

Two awards are assigned in 2017, Young Researcher and Long-standing Achievement (an individual). To download the call for nomination for the IDF Europe Prizes in Diabetes and the nomination forms, please click below.

Young Researcher [Call for Nomination - Nomination Form](#)

Long-standing Achievement (Individual) [Call for Nomination - Nomination Forum](#)

The deadline for nomination is **4 Oct 2017**.

[2016 IDF Europe Prizes in Diabetes](#)